

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tania Van der Nest**

Has successfully participated & completed the

**8km Shift Wellness - Winter Wellness Trail Series**

held at Walter Sisulu Garden.

**TIME 01:20:06**

**PACE 10:00/km**

**OVERALL 20 of 47**

**GENDER 5 of 25**

**OPEN 5 of 16**

21 July 2019, Sun

Date



*BoutTime*

Signature

